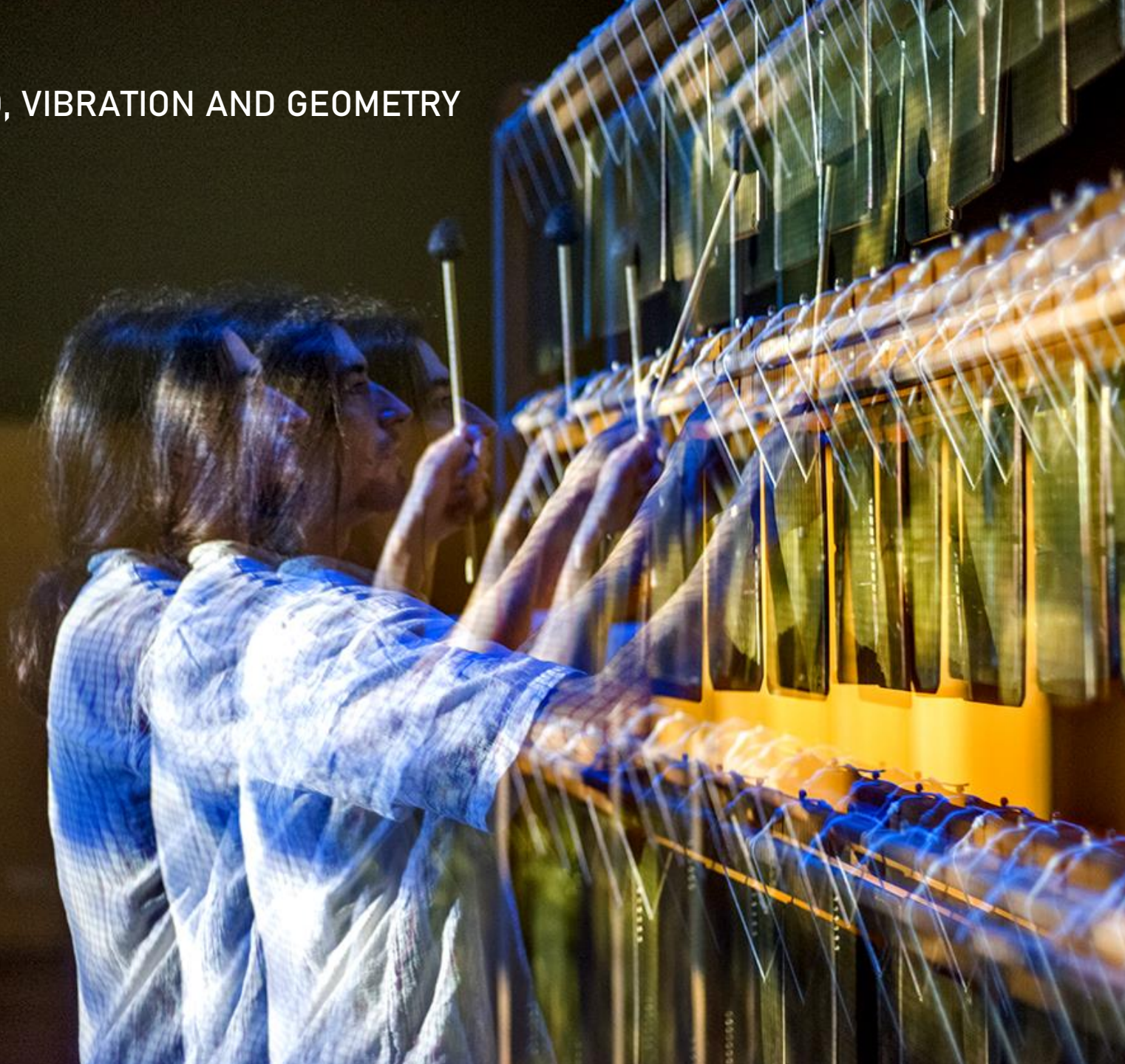




**BILAS**  
**Mark Pulido**

LIGHT, SOUND, VIBRATION AND GEOMETRY







## LIGHT, SOUND, VIBRATION AND GEOMETRY


A concert out of the ordinary, beyond any musical concept, beyond sound, music, what is known, using a unique instrument in the world as its axis.  
An experience that cannot be explained, but lived.

Mark Pulido creates through his own melodies and sound channeling spaces, a conversation and a dance with the listening of the rhythmic repetitions of the harmonics opening doors beyond the ordinary layers of listening and perception, inviting to trance and to submerge in a vibrational experience of physical, emotional and spiritual transcendence.

A journey where other instruments are combined with new sonorities, making audible sounds of nature between silences, hypnotic melodies and different acoustic atmospheres and cosmic spaces, to expand the limits of the known and the unknown.





A person wearing a white lab coat is seen from behind, standing in a dark room and looking at a wall covered with numerous rectangular frames. Some of these frames contain glowing, abstract, and organic patterns, resembling microscopic life or geological formations. The person's hands are raised towards one of the frames. The overall atmosphere is mysterious and scientific.

MORE THAN AN INSTRUMENT

## MORE THAN AN INSTRUMENT

The Bilas is a newly created instrument discovered in 1989 in Russia by Alexander Ivanovich Zhikarev.

One of the characteristics of this new instrument is the long duration of its sound and another one, is its wide range of harmonics and vibrations incomparable with any other existing instrument.

The master bell maker, Alexander Ivanovich Zhikarev gave the Bilas a meaning that gives us all a new and surprising world of sounds, an unprecedented contribution to culture.

No one else in the world knows how to make bells with the same qualities as the Bilas.

### **Alexander said about Mark's Bilas set:**

“The instrument I made for Mark is the only one in Europe. There is no other instrument with these characteristics, because I only made flat bells for psychiatric centers in Switzerland and Germany, which cannot be assessed as a complete instrument.”





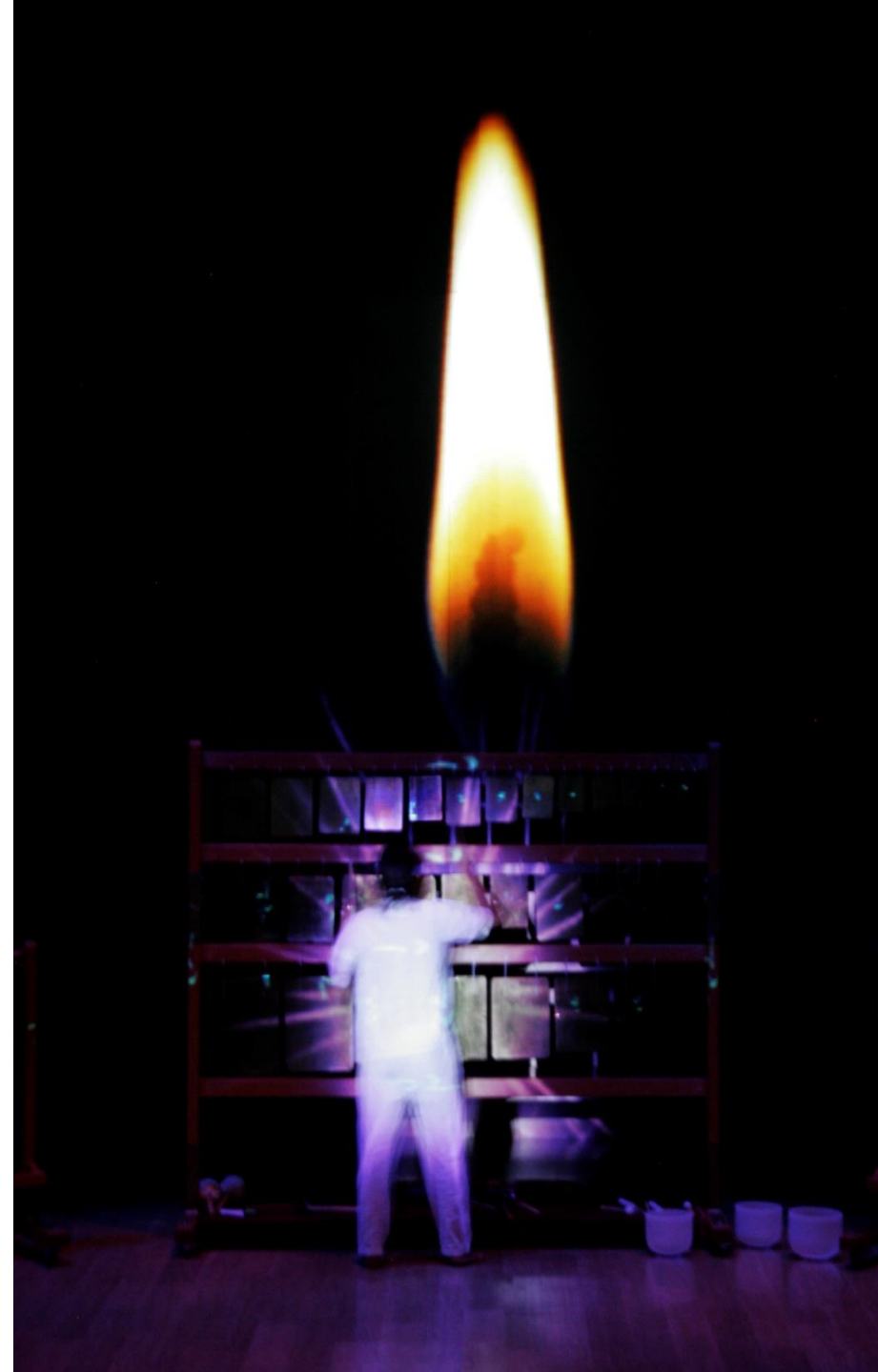


From 2011 until 2017, every two years Mark and Alexander have met, three times in Barcelona and once in Russia, to work on the creation of the instrument that has become the most complete set of Bilas in the world and the only one with these properties, with more than 70 special tunings of astonishing accuracy and exquisite tonal qualities of unique acoustic purity.

The Bilas have an extraordinary sound power, both indoors and outdoors, and allow the realization of presentations without amplification, expanding the sound over long distances.

The sound base of the Bilas is unique, with tunings and binaural pulse frequencies, such as the pulsation of the Earth - Schuman and Solffegio that produce a change in the brain waves and stimulate the Alpha and Theta waves, generating states of deep relaxation, peace, well-being, contemplation, mental calm and liberation of subconscious charges.

Since 2011 Mark has performed concerts all over Spain, and in some places in Portugal and France. Presenting the Bilas inside places with special acoustics, such as temples, churches, monasteries, cathedrals, castles and caves. As well as in Healing or electronic Festivals or in theaters and auditoriums, alone or with a visual discourse, accompanying the sound with video projections and video mapping with video artists, creating a meditative, visual and auditory journey of Light and Sound.





MARK PULIDO





## MARK PULIDO

Mark Pulido is a multifaceted artist with a degree in Fine Arts from the University of Barcelona.

On a trip to India he discovered the sound of the Bilas, which motivated him to search for Alexander for two years.

Finally, after learning Mark's story, Alexander decided to build the instrument for him.

Since then, Mark has been committed to the Bilas project and its creation, making an original contribution to the culture of sound art and to the research of sound healing. Thus opening a path of research through his experience as a therapist during his last 12 years, with musical instruments of new sonorities and the results with the individual therapy sessions he performs daily.



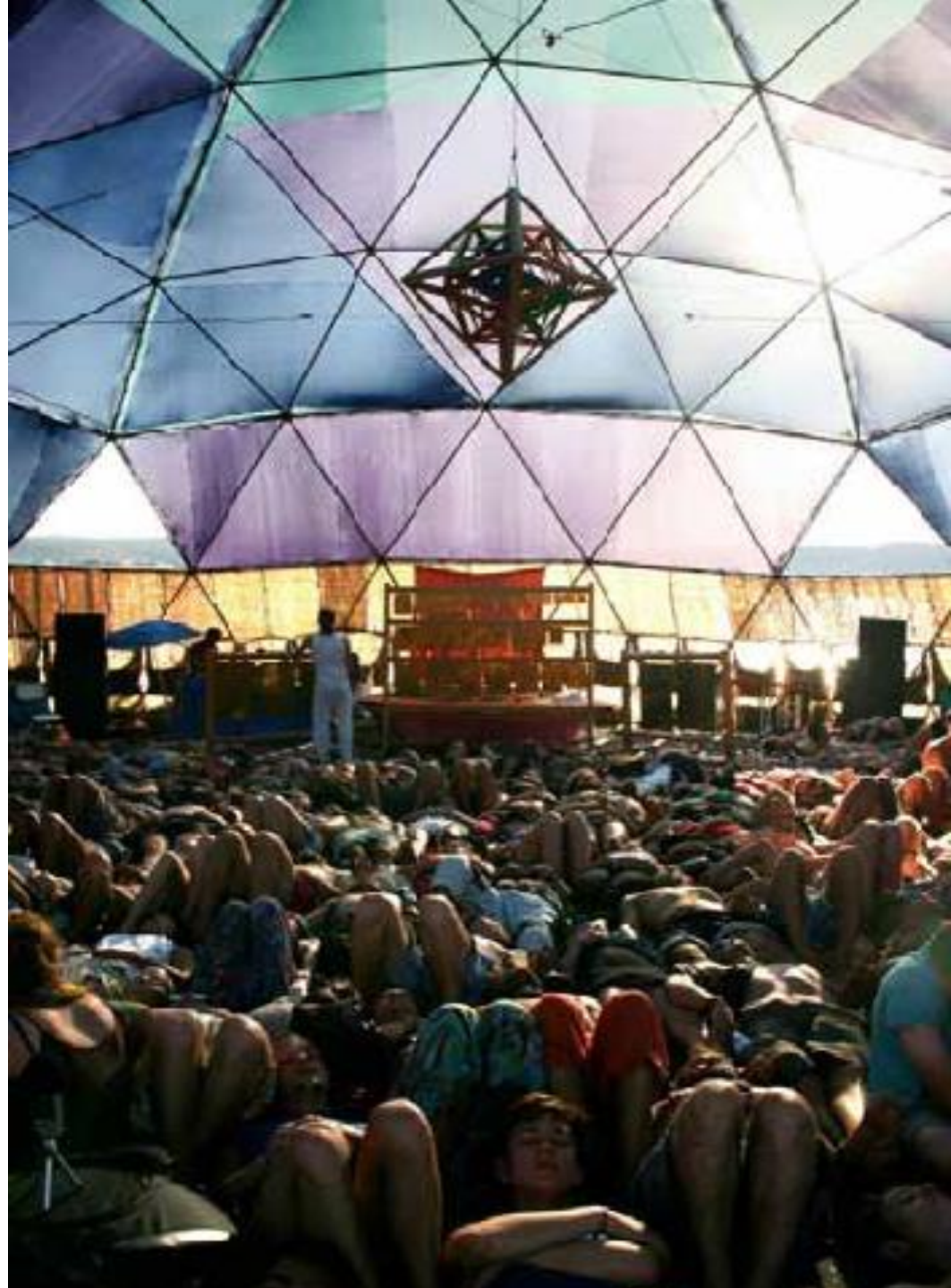
TRAJECTORY



# TRAJECTORY

## 2011

- 6th edition of the Gong Festival of New Sonorities and non-conventional instruments. Collbató, Montserrat.
- Church of Health on the mountain of Montserrat.
- Teatro Alegría de Terrassa, inside the play "The Poet Trilogy".
- Meditative concert inside the Hermitage of Santa Cecilia, Montserrat. Event "Stargate 11-11-11".







## 2012

- Meditative Concert of End of the Year 2011 and Beginning 2012 - inside the Salnitre Cave, Montserrat. Organized by the Gong Festival of New Sounds.
- Spring equinox - 1st Concert of harmonization with the 4 cycles of the sun of 2012. Churches of Sant Pere in the Seu de Egara de Terrassa.
- Concert in the Nave Ivanow, Barcelona.
- Concert "X Festival de Repercussió per l'Odeon", Canet de Mar.
- Summer Solstice - Harmonization concert with the 4 cycles of the sun of 2012. Churches of Sant Pere in the Seu de Egara de Terrassa.
- 7th edition of the Gong Festival of New Sounds and Non - Conventional Instruments. Cueva de Salnitre, Collbató, Montserrat.
- Parish of the Blessed Sacrament, Madrid.
- Temple of Debod, Madrid.
- Healin Area (Alchemy & Healing) at Boom Festival 2012, Portugal.
- VI Meeting of harmonics in Diafanum. Sierra de Gredos, Ávila.
- Sacred Peak, Santiago de Compostela.
- Villafranca Theater, Villafranca del Bierzo.
- AUM Healing Sound Festival. San Sadurniño, Coruña.
- The Abbey of Samus - Monastery of San Julián.
- Sobrado de los Monxes Monastery, Coruña.

- Church of Loarre Castle, Huesca.
- Bhakti Festival, Figueres.
- Concert in Bellver, the Casa de la Mare Terra, Menorca.
- Macro Planetary Meditation in the Hermitage of AA. Miquel, Montserrat.
- Autumn Equinox - Concert of harmonization with the 4 cycles of the sun of 2012. Churches of Sant Pere, The Cathedral of Egara de Terrassa.
- Lotus Blanc Festival, Arboc.
- Spiritual Dance Festival, Barcelona.
- "Sons a l'Anima" 12-12-12 with Ravi Ramoneda. Monastery of Sant Pau del Camp, Barcelona.
- Winter Solstice - 4th Concert of harmonization with the 4 cycles of the sun of 2012. Churches of Sant Pere, The Cathedral of Egara, Terrassa.
- Solar Solstice, Montserrat.



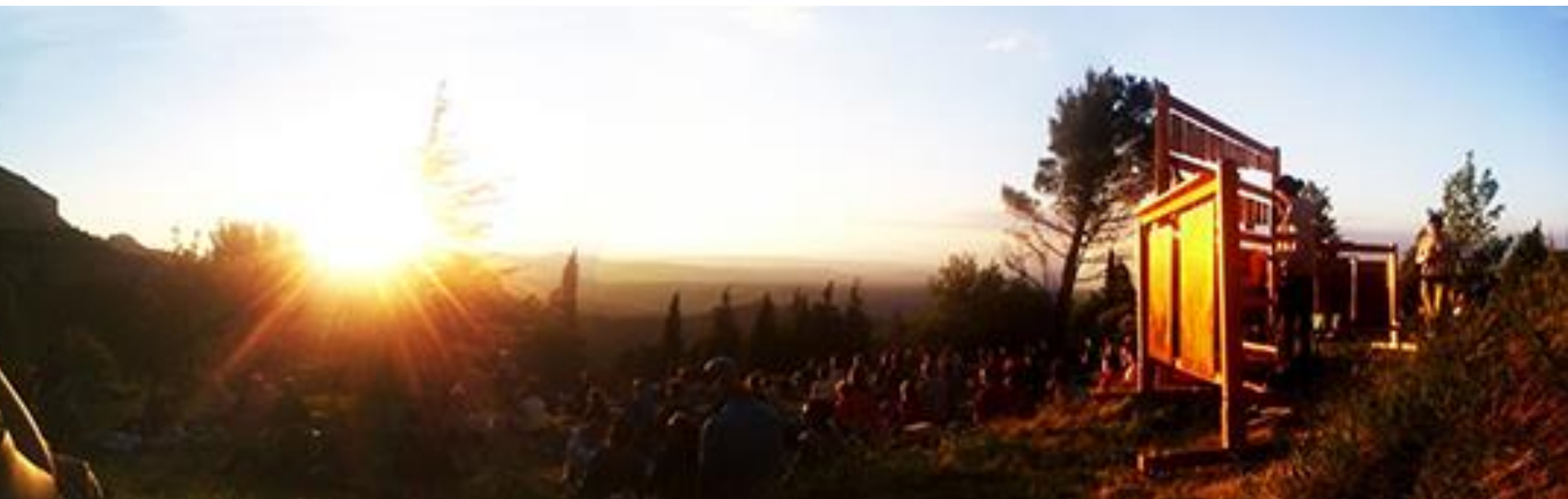




## 2013

- Concert "Sons per l'Ànima" with Ravi Ramoneda in the Church of the Sacred Heart of the Jesuits, Barcelona.
- Spring Equinox - 1st Concert of harmonization with the 4 cycles of the sun of 2013 in the Municipal Auditorium of Terrassa with video projections and videomapping.
- Concert "The Awakening of the Chrysalis" at the Church of Santa Maria de Cadaqués, Cadaqués.
- Concert "Sons d'Alta Freqüència" Flat Bells by Mark Pulido at the Monastery of Sant Pere de Galligants, Girona.
- Universal Mercantile Festival, Sant Cugat, Barcelona.
- International Forum for Spiritual Culture "Age of Unity". Santa Susana, Girona.
- Summer Solstice - Concert of harmonization with the 4 cycles of the sun of 2013, with Video Projections and Video Mapping. Municipal Auditorium of Terrassa, Terrassa.
- Meditative Concert with the Sunset in the Hermitage of Santa Cecilia, Montserrat.

- Bilas concert in the Church of San Jaime, Barcelona.
- Autumn Equinox - Concert of harmonization with the 4 cycles of the sun of 2013 in the Municipal Auditorium of Terrassa with video projections and video mapping.
- High Frequency Sounds, Santes Creus Monastery, Tarragona.
- Festival of Sant Llorenç de Morunys, Church of Sant Llorenç de Morunys, Lleida.
- Festival Tribute to the Earth, Suria.
- Eco Health Fair, Terrassa.
- Bilas concert in the Cathedral of the Seu Vella in Lleida.
- Eco Salut Fair. Royal Palace and Congress Auditorium, Tarragona.
- High Frequency Sounds. Pedralbes Monastery, Barcelona.
- Vibrating Madrid. San Manuel and San Benito Church, Madrid.
- Winter Solstice - Concert of harmonization with the 4 cycles of the sun of 2013 with Video Projections and Video Mapping. Municipal Auditorium of Terrassa, Terrassa.





## 2014

- Concert at the Monastery of Sant Cugat.
- Concert in the Church of the Philippine Augustinians, Valladolid.
- Vibrando Madrid. JH Newman School, with Video Mapping and Video Projections, Madrid.
- Spring Equinox - Harmonization concert with the 4 cycles of the sun of 2014, with video projections and video mapping. Municipal Auditorium of Terrassa, Terrassa.
- "Sons d'Alta Freqüència to Girona", Monastery of Sant Pere de Galligants.
- Concert with the Bilas at the AUM Sound and Healing Festival.
- Therapy and concert with the Bilas at the Boom Festival.
- Concert and Therapy at Casa Sukha, Portugal.
- Meditative Concert With Las Bilas And Mark Pulido "Call To Peace From Unity", Madrid.
- Sons d'Alta Frecuencia", Cadaqués.
- Autumn Equinox - 3rd Concert of harmonization with the 4 cycles of the sun of 2014 in the Municipal Auditorium of Terrassa with video projections and videomapping.
- Meditative Concert for Mother Earth - San Miguel Chapel in Montserrat Mountain, Catalunya.
- Concert in the Church of San Nicolas de Bari, Seville.







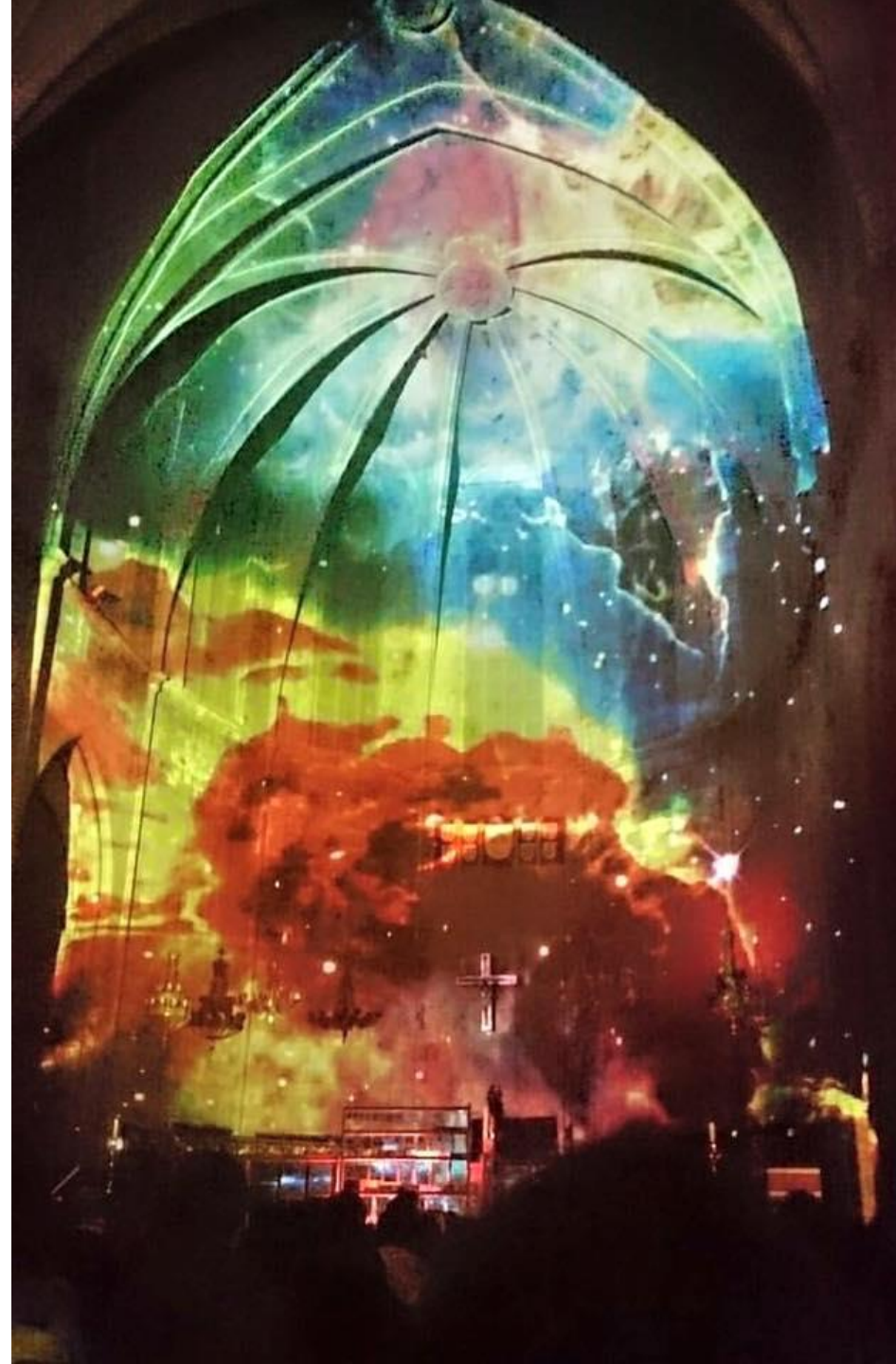
## 2015

- Be-In Gathering Festival, Portugal.
- Lluèrnia Festival 2015, Olot.
- Contemplative Music Cycle in Manresa Sons del Camí.
- Autumn Equinox - Harmonization Concert, Municipal Auditorium of Terrassa.
- Nahual - healing trance experience, Barcelona.
- Medina Elvira Cultural Center. Atarfe, Granada.
- Church of San Manuel and San Benito, Madrid.
- Winter Solstice - Harmonizing concert, Municipal Auditorium of Terrassa.



## 2016

- Parish of Perpetual Help, Saragossa.
- Basilica of Santa Maria del Pi, Barcelona.
- Spring equinox - Harmonizing concert, Municipal Auditorium of Terrassa, Terrassa.
- Own Spirit Festival - Healing Area, Callus.
- Parish of Perpetual Help, Saragossa.
- Basilica of Santa Maria del Pi, with the group MuoM, Barcelona.
- I Spirit - Matter Integration Convention, Valladolid.
- Summer Solstice - Harmonizing Concert, Municipal Auditorium of Terrassa.
- Church of Sant Antoni M. Claret, Vic.
- Monestir of the Royal, Palma de Mallorca.
- Santanyí Church, Mallorca.
- Autumn equinox - Harmonizing concert, Municipal Auditorium of Terrassa.





## 2017

- Spring equinox - Harmonizing Concert - Municipal Auditorium of Terrassa with Alexander Zhikharev, Terrassa.
- International Event of ThetaHealing. Zeus Room, Las Arenas Spa Hotel, Valencia.
- Winter Solstice - Auditorium Municipality of Terrassa.

## 2018

- Concert at the Monastery of Sant Pau del Camp, Barcelona.
- Festival Culture and Spirituality, "In Dins". Roses, Girona.
- Own Spirit Festival opening ritual, Aragón.



## 2018

- 9th Mantras Festival - Transcendental music festival. Fernan Gomez Theater, Madrid.
- Concert at the Monastery of Sant Pau del Camp, Barcelona.
- Closing of the Own Spirit Festival, Aragon.

## 2019

- Winter Solstice - Harmonizing Concert, Municipal Auditorium of Terrassa.
- Ecstatic Dance + Bilas, Terrassa.
- PicNic Art. Le Moulin Jaune Paris, France.
- Closing of the Own Spirit Festival, Aragon.
- New Year's Eve with Las Bilas - 7 hours of bilas bath, Tarragona.





## 2020

- Multiple Waves of Vibration (Online).
- Meeting 11 11 with the Bilas (Online).
- New Year's Eve meeting with the Bilas (Online).

## 2021

- Spring equinox - Harmonizing concert with Video Mapping, Municipal Auditorium of Terrassa.

## 2022

- Vibra Alto Event. Hotel Montblanc, Barcelona.
- Alinhament, Church of Sant Andreu de Salardú.
- Cosmiq Universe event, Ibiza.
- Closing Concert Own Spirit Festival.





## 2023

- Concert in the Church of San Manuel and San Benito, Madrid.
- Irradia Sonora Event, Barcelona.
- Concert in the Church of San Felipe Neri.
- Concert in Rennes-le-Château, France.
- Concert in the Church of Santa Maria de Cadaqués.
- Concert at the Gong Festival of new sounds. Montserrat, Barcelona.
- Closing Concert Own Spirit Festival.
- Concert on Open Heart Festival – Santa Susanna Barcelona
- Tantra's festival -Ibiza
- Concert at Hekamiah Journeys - Ibiza
- Concert at the Terrassa Auditorium with Video Mapping
- Celebration “Vibra Alto” - Hotel Montblanc in Barcelona
- Concert in the church of San Manuel and San Benito, Madrid.







